



Disability Champion Meeting - Minutes

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| Date: | Wednesday 13th of September 2023 |
| Time: | 11:30am- 13:00 pm |
| Venue: | The Gateway Centre, N. Methven St- Hybrid |

| Attendees |
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| Nicola Boyne- Kim's PA |
| Evander Coban - Member |
| Duncan's PA |
| Dionne Harvey - Member |
| Duncan Irvine - Trustee |
| Irene Johnstone - Member |
| Axelle L'Hortalle- Administrator |
| Jane Moncrieff - Manager |
| Mel Todd - Member |
| Apologies |
| Cindy Godfrey-McKay- Chairperson |
| Keith Robertson- Member |
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| Attendees |
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| Nettie Sutherland - Member |
| Kim Williamson- Member |
| Amanda Wood- Member |
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| Apologies |
| Cristina Wilkie - Member |
| Georgie Williams- Member |
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| Agenda Item | Topic | Action |
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| Item 1 | Welcome and Apologies JM welcomed everyone to the meeting. Apologies as above. | |
| Item 2 | Round the Table Updates NS talked about ISPA as she felt it was relevant to her current life experiences. (ISPA is a study which explores how the stigma attached to where people live can intersect with experiences of disability and ageing) NS's Fibromyalgia had been flaring up and she had been back to the GP | |

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| <p>yesterday. NS had not been feeling well which was why she was attending the meeting on Zoom. She was sad about attending virtually as she enjoyed meeting everyone.</p> <p>IJ Spent some time with her brother lately which she really enjoyed. She had purchased an electric wheelchair and was looking forward to using it. However, she felt that the joystick was too sensitive and required practice. IJ shared that she felt comfortable going up the hill with her new wheelchair. It performed really well going up the slope to her house. NS suggested turning down the speed of the wheelchair while IJ practised using it as this will keep her safe and give her time to get accustomed to the sensitive controls.</p> <p>NS asked if CILPK could arrange to organise another bus open session to give the members an opportunity to practise going on and off the bus with their wheelchairs. JM agreed that it was a good idea to arrange this. Diana from MWWLB has also tried to arrange to do a similar exercise with the group. Unfortunately she has not heard back from Stagecoach. Everyone at the meeting agreed that having a bus to practise would help. It would give the members enough time to get used to the space and a good opportunity to learn how to get on and off safely in a way that suited them best.</p> <p>IJ shared that she was looking to sell her scooter now that she had a wheelchair. Both pieces of equipment were taking up too much space in her house. JM suggested promoting IJ's scooter to sell online on CILPK's social media accounts. IJ was grateful to hear that CILPK could help sell the scooter. She described the scooter as well-used and in good condition. The original price for the scooter was around £2,000. IJ also shared that healthwise she was still the same.</p> <p>KW went cycling recently and did 1.5 miles from his home. Everyone at the meeting was impressed. NB shared that KW did not enjoy his badminton sessions on Wednesday afternoons.</p> | <p>JM or AL to arrange for a bus to practise with wheelchairs</p> <p>Help IJ sell her Scooter via our social media accounts</p> |
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AW raised money for the charitable organisation, Macmillan cancer support. She shaved her head and set up a donation pool on her Facebook page. AW shared that she still had money in her house to donate to the charity. She had raised £148 on Facebook so far.

AW was disappointed that her procedure at the hospital had been cancelled. She was expecting a phone call later in the day (on Wednesday 13th of September) to reschedule the procedure at the hospital.

DH had been busy with multiple activities. She had been enjoying bowling and boccia recently.

EC helped develop research on fatigue and Lupus with NHS Lothian.

EC shared his recent experience at The Bank Bar & Beer garden; he had been to their venue and had used the lift to go up one floor which resulted in him being stuck in the lift for 40 minutes. Members of staff at The Bank had to lift him up out of the lift.

On his way back out of the establishment, he used the lift again with his family members and got stuck in the lift for another 30 minutes on their way down and out. The emergency alarm button provided in the lift at The Bank did not seem to work. They had to call the fire brigade. The members of staff at The Bank expressed that they were not pleased that the fire brigade were called. EC felt that in this situation, he and his family had no choice but to call the fire brigade as the emergency alarm button did not seem to work.

Everyone at the meeting agreed that calling the fire brigade was the right decision. The members of staff at The Bank will now have to fix the lift promptly to provide safe and proper access to their establishment.

DI had a recent change in his PA shifts. Colleen had been very busy and now worked two days with DI each week. DI's PA shared that DI had been enjoying playing Boccia but had yet to win.

DI also shared that the mount which held his communication device attached to his wheelchair had been

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| | <p>broken accidentally. He was not happy about this and was looking forward to getting it fixed. DI's PA reassured everyone that Colleen could fix the mount and that she would come around as soon as possible to fix it.</p> <p>DI was happy to have a new device installed which enabled him to move a computer mouse with his wheelchair joystick.</p> <p>AL shared that she celebrated her birthday in the Highlands at Invergarry at a farm. There were a lot of ponies and a donkey. She had a lot of fun.</p> <p>JM shared that she celebrated her birthday in Turkey on a swimming holiday. It was very warm and she had to wear a lot of sunscreen. She really enjoyed spending time with her family.</p> | |
| Item 3 | <p>Most recent Activities, Events updates</p> <p>Taxi Training- JM shared that our Taxi training sessions had gone really well. We have had requests from rural communities around Perthshire (Aberfeldy) to do Taxi training sessions. MT suggested asking the council to cover expenses as the CILPK staff and members would have to travel from Perth city centre to the Taxi training session in Aberfeldy. NS would like to attend the Taxi training session but would like an early notice so she can have time to get organised. JM confirmed, she will arrange the training in Aberfeldy and will inform everyone.</p> <p>Keep Safe Trail- MT summarised her experience on the 31st of August for the "Keep Safe Trail". She had a map and a checklist to go around town and check some the Keep Safe venues accompanied by the CILPK members and those from MWWLB. MT felt that everything went well, it was a bigger group than expected to coordinate. However, she pointed out that going around with a smaller group would have been a lot easier. From the information that the group gathered on the day, there were a lot of businesses which required more training</p> | JM to arrange Taxi Training in Aberfeldy |

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| | <p>and Keep Safe stickers for their venues. The members have enjoyed going on the “Keep Safe Trail” and they were also delighted to go to the Giraffe Cafe together on the day for lunch.</p> <p>Website Update- AL shared with the group that the website had been updated, and that the security issues with our server had been fixed. AL showed some of the updated pages and the work in progress. MT suggested adding in the accessibility plugins (Users can have options for bigger fonts or voice activated text or descriptions). AL reassured everyone that this will be installed as soon as possible. Once the content on the website is ready, AL will be sending out the link to everyone for review/feedback.</p> <p>New Flyer- JM showed everyone the new flyer design prints. She welcomed feedback from the CILPK members. JM explained that 50 flyers had been printed out and that they will be handed out at CILPK’s drop-in session at the A K Bell Library on 20th of September at 2pm- 4pm. JM encouraged the CILPK members to come to the drop-in session to help raise awareness of CILPK. AW said that she was keen to come to the drop-in session.</p> <p>Art Gallery Visit- JM informed everyone that the Art Gallery visit went well. She would be happy to organise another creative session with Barbara at the Perth Museum and Art gallery. EC and AL mentioned how Barbara would like to have inclusive communication training for her staff as well as an Access Audit for the new Museum in the city centre.</p> | |
| Item 4 | <p>Designing our Disability Champion Logo</p> <p>JM encouraged everyone present to design a Disability Champion Logo. CILPK’s aim would be to use it for merchandise (Tote bags) and also to raise awareness about CILPK and the Disability Champion programme.</p> | |

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| | <p>Words mentioned to describe the logo: Simple, accessible, star shaped, green colour, black colour, trophy symbol, medal symbol.</p> <p>MT suggested looking at our sister disability champion groups to see what they use to represent their group and use it as reference/inspiration.</p> <p>JM asked if the group could create mock-ups and generate ideas by the next meeting. AL would then recreate it using canva. In our next meeting, CILPK's disability champions would be able to choose a logo to represent themselves and the programme.</p> | AL to create logo mock-ups |
| Item 5 | <p>Upcoming Events and Activities</p> <p>Taxi Training Session on 27th of September at 10am AW not able to make it this time.</p> <p>CILPK's drop-in session on the 20th of September at 2pm-4pm</p> <p>Members meeting on the 18th of October 12:00pm</p> <p>CILPK's AGM on the 1st of November- TBC</p> | AL to add times to the slides and share with the Disability champions |
| Item 6 | <p>AOCB and date of next meeting</p> <p>NS talked about ISPA in more detail. Dianne from ISPA had contacted her. Dianne is visually impaired and would like to hear from CILPK members as a research fellow at the University of Stirling working on ISPA.</p> <p>NS explained that disability is different for everyone at any age. Disability changes and may look different as you grow older.</p> <p>NS would also like CILPK to get involved with sister organisations involved with accessible transport in other cities (Edinburgh and Glasgow). NS had noticed that black cabs may have space for standard wheelchairs but have not considered the requirements for every disabled wheelchair user; some wheelchairs have a higher seat or a headrest attached. This would often mean that the wheelchair user</p> | <p>AL to send out ISPA website/flyer to disability champions.</p> <p>CILPK to raise awareness on Taxi issues in</p> |

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| <p>would not be able to fit comfortably, get on or off the taxi safely. NS had also noticed that the taxi ramps are not always suitable; there are no safety clips, they can be placed unsuitably (too steep) which often means the disabled individual whether in a wheelchair or using a zoomer would struggle to get on or off the vehicle. NS mentioned how Taxi drivers are not always keen to help and how they have not been kind in certain situations. She emphasised how WAVS are needed for rear loading taxis. MT suggested raising this issue with Disability Equality Scotland as they are based in Glasgow and may be able to help.</p> <p>EC and DI agreed with NS. They would like CILPK to raise awareness on the challenges faced when using Taxis in Edinburgh and Glasgow.</p> <p>NS would like CILPK to have a meeting in Edinburgh and Glasgow to talk about these issues face to face with organisations which can help. JM shared that CW and herself have been to a disability champion programme meeting in Edinburgh, although it had been a year ago. JM suggested contacting the coordinator from the Disability champion programme based in Edinburgh to see if they are still active.</p> <p>NS felt that most people with a mobility issue would struggle with the black cabs of Edinburgh and Glasgow. She also shared that finding cabs with WAVS and trained taxi drivers had been a challenge.</p> <p>The CILPK members shared how glad they were that this was not an issue with untrained taxi drivers or WAVs in Perth and Kinross.</p> <p>Date of next meeting: TBC Venue: The Gateway Centre, N Methven Street, Perth. Hybrid event: Zoom.</p> | EDB and GLW |
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